

Presented by

**SENECA FAMILY OF AGENCIES** in partnership with  
**ALAMEDA COUNTY BEHAVIORAL HEALTH**

# Surviving Compassion Fatigue aka Secondary and Vicarious Trauma

<b>WHEN:</b> (W): September 30, 2020 Time: 8:30 AM - 4:30 PM  <b>Attendance will be taken at 8:15AM sharp!</b>	<b>LOCATION:</b> Via Zoom Registration and Link Information is listed below.	<b>INTENDED AND FREE FOR:</b> Alameda County Behavioral Health (ACBH) Social Work and Mental Health Staff and Providers Contracted with ACBH
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## About the Course

This highly interactive training is designed to address the self-care needs of those working with children, youth and adults impacted by traumatic life events. Participants are encouraged to verbalize their understanding and connectedness to the multiple aspects of compassion fatigue. By taking a self-inventory, participants will see first-hand, the levels of stress they experience. The group will look at several tools and techniques to circumvent the most challenging aspects of their compassion fatigue and to be able to regain a state of neuro-physiological (mind-body) regulation, recovery and resilience.

## About the Presenter

*Beverly Kyer, MSW, CSW, ACSW*

Beverly has been a Public Speaker and Educator for more than 27 years with specialties in Post-Traumatic Stress Disorder; the Trauma Impact on Brain Development and Learning in Children and Youth, and Compassion Fatigue, AKA Vicarious Trauma. Beverly has served as the EAP Employee Assistance Program Coordinator, and the Assistant Chief of Social Work Service, Bronx N.Y. Veteran's Administration Medical Center. She has served nine years as a Social Worker for Casey Family Programs. Beverly's mission is to inspire understanding, empathy, capacity, and determination for all who will help children and youth on the road to healing and a permanent place and people called home. Currently a contract trainer for Seneca Center and Family Finding, roles in her career include Readjustment Counseling Therapist, Psychiatric Social Worker, Social Work Field Placement Supervisor; Clinical Social Worker/ Program Coordinator/ Social Work Supervisor; Assistant Chief of Social Worker Service and Grief and Trauma Counselor and Consultant. Beverly's participatory training style creates an interactive and collaborative learning environment focused towards seeking answers.

## Educational Objectives

- Learn the potentially damaging professional and personal effects of secondary stress.
- Learn how to be resilient in the face of overwhelming and emotionally intense demands.
- Learn new ways to support co-workers and increase morale accountability helps.

## Zoom Instructions

**\*\*Registrants are responsible for reading the following information\*\***

Register in advance for this meeting:

[https://zoom.us/meeting/register/tJlkdeyspjoIHdXdnBpI8U\\_hxIDVlr86JD3\\_](https://zoom.us/meeting/register/tJlkdeyspjoIHdXdnBpI8U_hxIDVlr86JD3_)

After registering, you will receive a confirmation email containing information about joining the meeting.

**Registration Assistance :** Jamila Anderson 510-846-4433

**Registration assistance:** [training.unit@acgov.org](mailto:training.unit@acgov.org), (510) 567- 8113

If you must cancel enrollment, please do so at least 72 hours in advance of the training.

To request accommodation\* or to file a grievance about an ACBH sponsored training, go to: <http://www.acbhcs.org/training-calendar>

\*At the Seneca location, close parking (without stairs) is limited, so anyone who needs accommodations should request them right away. Carpooling is encouraged.

